

«Reaching out to a mom who is going to school means

taking action for her and with her, and believing in a better future for her and her children.»

Paula Duguay, founder

OUR ORIGINS AND ACCOMPLISHMENTS

Mom is Going to School (MGS) was set up in 2009 at a meeting of about 50 single mothers who had gathered to identify obstacles and propose solutions for women who go back to school.

Along these lines, MGS has joined forces with Rollande Deslandes from l'Université du Québec à Trois-Rivières (UQTR), who has lead field work on the subject.

To respond to the lack of information mothers have identified as problematic and to offer them practical tools, MGS organizes workshops and conferences and sets up information booths.

MGS has also supported the establishment of a child-care centre ("Les petits collégiens") next to the Adult Education Centre in Trois-Rivières.

Since 2012, MGS has granted scholarships to mothers. Partners have joined MGS in order to extend a helping hand to mothers who wish to go to school.

OBSTACLES

Testimonials

- " It's not easy to study when you're faced with a lot of hassle. I'm sick and tired of running back and forth between the day-care centre and school. " *Mélissa**
- " I run from the day-care centre to school, to the local community service centre and to the Adult Education Centre, and then I help my kids with their homework. I have no time left to study. " $\dot{E}ve$
- " I read every evening from 10:00 to midnight when my four kids are asleep... I have gone back to school out of love for them and to offer them a better future. Every obstacle that I overcome and every exam that I pass builds up my self-esteem. " Carole

SOLUTIONS

Testimonials

- " I would set up a single access point where people could go for coaching. " Maude
- " I would offer a program to all wornen on social assistance, not only for certain categories. " *Anne-Soleil*
- " I would give family leave days. " Manon
- " I would open a child-care centre at the Adult Education Centre. " Chloé
- " I would offer yoga or relaxation classes. " Annie.
- " Having a dream is important. Pursuing it is even better! " Betty

Our MISSION

Mom Is Going to School aims at promoting education, focusing particularly on single mothers who have not yet acquired a first diploma:

- 1. By offering mothers and associated support workers tools and activities that facilitate access to training programs and promote perseverance;
- 2. By offering scholarships to single mothers to obtain a first diploma;
- 3. By furthering research on realities facing women who go back to school and by raising public awareness on the issue;
- 4. By operating an information site to serve as a reference bank.

To CONTACT US:

mamanvaalecole.lacsq.org facebook: f/mamanvaalecole



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Mathieu and Carla St-Arnaud